



Isenhurst has three privately owned gyms located in East Sussex, Crowborough, Cross In Hand and Uckfield.

Isenhurst Health Club Crowborough is located in Jarvis Brook on the Brooklands Park Industrial estate. The Clubs facilities include a state of the art fully equipped gym, 15 meter swimming pool, sauna, steam room, group fitness studio and spinning room.

Opening hours:
Monday - Friday 7am - 10pm
Weekends - 8am - 8pm

Varied Membership options available, all membership fees include the use of all facilities including classes.

Please contact us for further details

01892-661777

Email: crowborough@isenhurst.co.uk

Facebook: www.facebook.com/Isenhurstcrowborough
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